



## JUNIOR SAILING PROGRAM SIGN-UPS

*Register Your Child NOW for TYC's 2010 Junior Sailing Classes*

Learn to sail 8-foot Optimist Dinghies

**Weekends From:**

**June 26<sup>th</sup> through August 22<sup>nd</sup>**

→ *TYC boat & lesson* - \$65 per day for 3-4 hours

→ *Owned boat & lesson* - \$45 per day

→ *Ages 8-13 (under 130 lbs.)*

**PARENT ASSISTANCE NEEDED! YOUR HELP IS CRUCIAL TO THE SUCCESS OF THIS PROGRAM!**

### **What Juniors Need:**

Life Jacket

Booties or water footwear (sandals)

Hat or Visor

Sunscreen

Change of clothes

Wetsuit

Sunglasses

Lunch, water, snack

Towel

*First-time sailors need to pass a swim test and a capsize drill.*

### **Typical Day:**

- ◆ Meet at TYC clubhouse; change into wetsuits and life-jackets. Have a 10-15 minute "chalk talk" and go over the day with a sailing coach.
- ◆ Sail in and out of the Cay and on the Bay.
- ◆ Lunch on the water or in the club or on the deck.
- ◆ Sail
- ◆ De-rig and wash boats.
- ◆ De-brief and go home.

***Sign up now as boats are available on a first-to-sign-up basis.***

***Contact Pat Lopez at 435-3650 or patnyo@yahoo.com to register your child.***